

Age UK Leicester Shire & Rutland Loneliness Prescription Service

**Working with the 50+ group to
overcome and prevent
loneliness and social isolation**

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- **50+ patients with non-clinical issues**
- **1 in 10 people who visit the GP do so primarily because they are lonely, presenting non-clinical needs**
- **Many patients are living with long term health conditions and have additional social needs**
- **Recognises that social factors have an impact on health**
- **Connecting people to services and support that will promote healthy ageing**

Phase 1: 2015- 2018

- **Launched as part of Leicester Ageing Together**
- **Worked in 5 specific wards: Belgrave, Spinney Hills, Evington, Thurncourt and Wycliffe.**
- **Received 499 referrals**
- **1300 referrals to other services**
- **1444 home visits**

Phase 2: April 2019- March 2021

- **Funded by National Lottery Community Fund**
- **Working with all G.P practices across city**
- **Restructured to incorporate short term and ongoing support**
- **Target:**
 - Year 1: 160 people**
 - Year 2 : 200 people**

- **Connecting people to services and support**
- **One to one support- using volunteer mentors**
- **Ongoing support delivered through telephone befriending**

Who are we connecting people to?

July Snapshot

- **Caring for Carers**
- **Telephone befriending**
- **Call-in-time**
- **Mentoring support**
- **Information and Advice**
- **Charity Link**
- **Health Through Warmth**
- **Home Energy Checks**
- **Last Orders**
- **Housing**

Next Steps

- **Continue to work closely with G.Ps and Care Navigators**
- **Work with the Primary Care Networks in the city to support social prescribing**
- **Case Study**